

breakfast

toast & preserves white, multigrain, ciabatta, turkish bread.....	5.5
home-made muesli natural yoghurt, milk, berry compote	12.5
muffins on display.....	5.5
fruit bread butter	6.5
eggs anyway on toast fried, scrambled, poached.....	10.5
eggs benedict poached eggs, shaved ham, hollandaise, toast	16.5
eggs florentine poached eggs, baby english spinach, hollandaise, toast.....	15.5
eggs atlantic poached eggs, smoked salmon, hollandaise, toast	19.5
polenta & mushrooms [gfl] grilled polenta, pesto, tomato, mushrooms, poached eggs	19.5
big breakfast bacon, chipolatas, tomato, mushroom, hash browns, toast, poached eggs	22.5
bacon & egg turkish sub tomato or bbq sauce	15.5
hct ham, cheese, tomato, turkish sub	12.5

food from the gods [gfl] quinoa cake, red peppers, feta, spinach, poached eggs..... **19.5**

extra's

bacon	5.0	chipolatas	3.5
spinach	4.0	avocado	5.0
mushroom	4.0	ham	5.0
baked beans	4.0	hollandaise	2.0
grilled tomato	2.0	smoked salmon (100g)	10.5
hash browns	1.5	gluten free bread	1.0

life juice *emma & tom's 350ml - 100% (no additives)*

extreme c guava, apple, orange, strawberry, rosehip.....	6.5
green power green botanicals, apple, banana, passionfruit, plum, lemon	6.5
radical action blackberry, apple, peach, orange, mango	6.5
karmarama ginseng, orange, pineapple, banana, passionfruit	6.5
coconut water young green coconuts	6.5

[gfl] gluten free

dishes are available gluten free on request

~ some products may contain traces of nuts, dairy and gluten ~

sorry no separate billing



coffee by segafredo

espresso	3.3
double espresso.....	4.5
espresso macchiato	3.3
long macchiato	4.8
cappuccino.....	4.2
long black	4.2
flat white.....	4.2
caffé latte.....	4.2
chai latte.....	4.8
mocha	4.6
vienna coffee	5.0
vienna chocolate	5.0
hot chocolate	4.5
espresso corretto sambuca or grappa (15ml)	7.5
affogato double espresso + ice cream	6.0
flavoured latte hazelnut, vanilla, caramel	5.5

extra's

soy milk	0.5
mug	1.5
extra shot	0.5
lactose free milk.....	0.5

tea by T2 *pot for one*

english breakfast.....	5.5
earl grey	5.5
lemongrass & ginger	5.5
sencha green	5.5
chamomile	5.5
organic peppermint	5.5

cold drinks

juice orange, apple, pineapple, tomato	4.5
milkshakes chocolate, strawberry, vanilla, caramel	4.5
soft drinks coke, diet coke, lemonade, lemon squash	4.5
lemon, lime, bitters	5.0
iced coffee or chocolate	5.5
+ ice cream	2.0

smoothie

banana, mango, mixed berries (dairy free).....	7.5
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san pellegrino

1Lt sparkling water	8.5
1Lt still water	6.5
chinotto	5.0

